

# CERTIFICATE OF PARTICIPATION

This is to certify that

## Tranquil Gumbo

Has successfully participated & completed the

**13km Shift Wellness - Winter Wellness Trail Series**

held at Walter Sisulu Garden.

**TIME 01:06:50**

**PACE 05:07/km**

**GENDER 1 of 40**

**OVERALL 1 of 59**

**OPEN 1 of 19**

21 July 2019, Sun

Date



*BoutTime*

Signature

